

NYRx, the Medicaid Pharmacy Program: Prior Authorization Update

On October 3, 2025, the New York State Medicaid Drug Utilization Review Board (DURB) recommended changes to NYRx, the Medicaid Pharmacy Program. The Commissioner of Health has reviewed the DURB's recommendations and approved the following changes.

Effective **February 19, 2026**, prior authorization (PA) requirements may change in the following Preferred Drug Program (PDP) drug classes:

- Immunomodulators & Related Agents, Topical
- Immunomodulators, Systemic
- Leukotriene Modifiers

The following Drug Utilization Review (DUR) program clinical criteria requirements will be implemented:

- PA will be required for patients utilizing a Dipeptidyl Peptidase-4 (DPP-4) Inhibitor and a Glucagon-like Peptide-1 (GLP-1) Receptor Agonist concurrently.
- PA will be required for patients utilizing two or more Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) concurrently.
- For patients initiating an antispasmodic skeletal muscle relaxant, PA will be required for a quantity exceeding a 14-day supply and up to one refill. The quantity and frequency limitations do not apply to skeletal muscle relaxants when used as spasmolytics.
- Trial of two Proton Pump Inhibitors (PPIs) at maximally tolerated doses prior to the use of a Potassium Competitive Acid Blocker (PCAB). The recommendation does not apply to a diagnosis of Helicobacter pylori (H. Pylori).
- Elevidys will be covered for male patients, four to five years of age, in compliance with all Food and Drug Administration (FDA) product safety labeling requirements.

For additional information about the DURB, providers should refer to the NYS Department of Health "Drug Utilization Review (DUR)" web page at:

https://www.health.ny.gov/health_care/medicaid/program/dur/index.htm.

For additional information regarding NYRx PA criteria, providers should refer to the *NYRx, the Medicaid Pharmacy Program Preferred Drug List*, located at:

https://newyork.fhsc.com/downloads/providers/NYRx_PDP_PDL.pdf.

To review a list of preferred products that generally do not require a PA when prescribed according to FDA labeling (unless otherwise indicated), providers should refer to the *NYRx Preferred Drug Quick List*,

located at: https://newyork.fhsc.com/downloads/providers/NYRx_PDP_quicklist.pdf.

For a complete list of drugs covered by NYRx, providers should refer to the *Medicaid Pharmacy List of Reimbursable Drugs*, located on the eMedNY "Medicaid Pharmacy List of Reimbursable Drugs" web page, at: <https://www.emedny.org/info/formfile.aspx>.

Electronic PA requests are now accepted by NYRx via CoverMyMeds®, located at:

<https://www.covermymeds.health/about>. Consider this option as an effective and efficient way to request a PA. PA requests can also be submitted by phone at 1-877-309-9493 or by fax at 1-800-268-2990 to the NYRx Clinical Call Center, available 24 hours a day, seven days a week. For additional information, providers should contact the NYRx Education & Outreach at NYRxEO@primetherapeutics.com.

For practitioner-administered drug *Clinical Criteria Worksheets*, prescribers and pharmacists should refer to the *New York State Medicaid Fee-for-Service Practitioner Administered Drug Policies and Billing Guidance*, located at:

https://www.health.ny.gov/health_care/medicaid/program/practitioner_administered/medicaid_ffs.htm.

Resources

Prime Therapeutics™ NYRx, the Medicaid Pharmacy Program website (<https://newyork.fhsc.com/>)
eMedNY website (<https://www.emedny.org/>)

New York State Department of Health "Welcome to NYRx, the Medicaid Pharmacy Program" web page (https://www.health.ny.gov/health_care/medicaid/program/pharmacy.htm)

New York State Department of Health website (<https://www.health.ny.gov>)

Prime Therapeutics™ NYRx, the Medicaid Pharmacy Program "NYRx Education & Outreach" web page (<https://newyork.fhsc.com/providers/education-outreach.asp>)

Contact Information

The NYRx Education and Outreach Call Center is available by telephone at (833) 967-7310 or by email at NYRxEO@primetherapeutics.com, from 8 a.m. to 5 p.m. (ET), Monday through Friday, excluding holidays.

The NYRx Education and Outreach team hosts virtual office hours each week for stakeholders to ask questions about NYRx and care coordination. Prescribers and pharmacists should visit the Prime Therapeutics™ NYRx, the Medicaid Pharmacy Program "NYRx Education & Outreach" web page, located at: <https://newyork.fhsc.com/providers/education-outreach.asp>, for more information.