



REMINDER: NYRx allows 90-day Prescribing for Most Maintenance Medications and OTC Drugs

NYRx, the Medicaid Pharmacy Program, would like to remind stakeholders including prescribers, pharmacies, members, and other caregivers that 90-day supplies of most maintenance medications and over the counter (OTC) drugs are covered by NYRx. This benefit applies but is not limited to, medications prescribed to treat **hypertension, diabetes, cholesterol, depression, mild pain, asthma and chronic obstructive pulmonary disease (COPD)**.

90-day supplies offer numerous benefits:

- ✓ **For patients**, cost savings with less copays, convenience of fewer trips to the pharmacy, improved medication adherence, and reduced risk of missing refills.
- ✓ **For prescribers**, increased patient adherence equals easier monitoring, reduced administrative burden, increased patient satisfaction, and a more streamlined process for chronic disease management.
- ✓ **For pharmacies**, increased patient adherence, improved operational efficiency leading to more time for additional services such as immunizations and medication therapy management (MTM), and enhanced customer satisfaction resulting in a stronger patient-pharmacy relationship.

Prescribers should consider writing for a 90-day supply and pharmacies should work with prescribers to switch to a 90-day supply **once it is determined the patient is on a stable dose of a maintenance medication or OTC drug.**

For questions on this policy contact NYRx@health.ny.gov or 518-486-3209