

NYRx Drug Coverage Overview: Zepbound®

July 30, 2026

NYRx Drug Utilization Review Program

Zepbound® is subject to prior authorization (PA) criteria under the [NYRx Drug Utilization Review \(DUR\) Program](#):

Drug / Class Name	Step Therapy (ST) Parameters	Frequency / Quantity / Duration (F/Q/D) Parameters	Additional / Alternate Parameter(s)
tirzepatide (Zepbound®)		LIFETIME QUANTITY LIMIT: Two treatment attempts per lifetime	- Confirm diagnosis of obstructive sleep apnea (OSA) - Confirm patient BMI of $\geq 40\text{kg/m}^2$ - Confirm patient is participating in lifestyle modifications

Prior Authorization Requirements

Frequency/Quantity/Duration

Zepbound is subject to the following Frequency/Quantity/Duration (F/Q/D) requirements:

- Lifetime Quantity Limit: Two treatment attempts per lifetime

Additional/Alternate Parameter(s)

Zepbound is subject to the following Additional/Alternate Parameter(s) requirements:

- Confirm diagnosis of obstructive sleep apnea (OSA)
- Confirm patient BMI of $\geq 40\text{ kg/ m}^2$
- Confirm patient is participating in lifestyle modifications

What Pharmacy Providers Need to Do

Pharmacy providers should become familiar with the Zepbound coverage criteria parameters in the [DUR](#) program and incorporate this information when discussing the need for PA with prescribers.

What Prescribers Need to Do

Prescribers should become familiar with the Zepbound coverage criteria parameters in the [DUR](#) program and incorporate this information when prescribing for Medicaid members.

Resources

- [NYRx Drug Utilization Review \(DUR\) Program](#)
- [NYRx Education & Outreach Website](#)
- [NYRx Prior Authorization Submission Guide](#)

Contact Information

The NYRx Education & Outreach Call Center is available by phone at 1-833-967-7310 or by email at NYRxEO@primetherapeutics.com from 8:00 AM to 5:00 PM ET, Monday through Friday, excluding holidays.

The NYRx Education & Outreach team hosts virtual office hours every week for stakeholders to ask questions related to NYRx and care coordination. Visit the [NYRx Education & Outreach website](#) for more information.