

# NYRx Drug Class Coverage Overview: Lidocaine Patches

October 1, 2025

## NYRx Drug Utilization Review Program

Drugs in the Lidocaine Patches drug class require prior authorization (PA) under the [NYRx Drug Utilization Review \(DUR\) Program](#):

Drug / Class Name	Step Therapy (ST) Parameters	Frequency / Quantity / Duration (F/Q/D) Parameters	Additional / Alternate Parameter(s)
Lidocaine patches <ul style="list-style-type: none"> <li>lidocaine 5% patch (Lidoderm®)</li> <li>lidocaine 1.8% patch (ZTLido™)</li> </ul>	<ul style="list-style-type: none"> <li>Trial of an alternate first line agent to treat diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Maximum 3 patches per day</li> <li>Prescriptions can be written for a 30-day supply with up to 2 refills</li> </ul>	<ul style="list-style-type: none"> <li>Confirm diagnosis of FDA-approved or compendia-supported indication and Medicaid covered indication</li> </ul>

## Prior Authorization Requirements

- Confirm diagnosis of an FDA-approved or compendia-supported and Medicaid covered indication.
- Trial of an alternate first line agent to treat the diagnosis is necessary to meet the [NYRx Step Therapy \(ST\)](#) requirement.
- Prescriptions can be written for a maximum of three patches per day for up to a 30-day supply with up to two refills.

## Ways to Submit a Prior Authorization to NYRx

- NYRx, the Medicaid Pharmacy Program, accepts electronic prior authorization (ePA) requests via [CoverMyMeds®](#). Electronic prior authorization is the most effective and efficient way to submit a prior authorization. For more information, please refer to [NYRx Electronic Prior Authorization via CoverMyMeds How-To Guide: Prescribers, Prescriber's Authorized Agents, and Pharmacies](#).
- Prior authorization (PA) requests can also be submitted by phone at 1-877-309-9493 or by fax at 1-800-268-2990 to the NYRx Clinical Call Center. If submitting by fax, please refer to [NYRx Prescription Prior Authorization Request Forms](#).

## Third-Party Liability & Coordination of Benefits

- Third-party liability (TPL) means there is an insurer, in addition to Medicaid, responsible for paying some or all of a person's medical costs. TPL providers could be commercial health plans or Medicare.
- Coordination of benefits (COB) is the process used to determine how medical services, including prescriptions, will be covered when a person has TPL.
- Medicaid is always the payor of last resort; federal regulations require that all other available resources be exhausted before Medicaid considers payment.
- COB ensures the correct party pays first.
- For more information, see [NYRx Third-Party Liability and Coordination of Benefits](#).

## What Pharmacy Providers Need to Do

Pharmacy providers should become familiar with the lidocaine patches coverage criteria parameters in the [DUR](#) program and incorporate this information when discussing the need for PA with prescribers.

## What Prescribers Need to Do

Prescribers should become familiar with the lidocaine patches coverage criteria parameters in the [DUR](#) program and incorporate this information when prescribing for Medicaid members.

## Resources

- [NYRx Drug Utilization Review \(DUR\) Program](#)
- [NYRx Education & Outreach Website](#)
- [NYRx Prior Authorization Submission Guide](#)

## Contact Information

The NYRx Education & Outreach Call Center is available by phone at 1-833-967-7310 or by email at [NYRxEO@primetherapeutics.com](mailto:NYRxEO@primetherapeutics.com) from 8:00 AM to 5:00 PM ET, Monday through Friday, excluding holidays.

The NYRx Education & Outreach team hosts virtual office hours every week for stakeholders to ask questions related to NYRx and care coordination. Visit the [NYRx Education & Outreach website](#) for more information.