

## NYRx Frequency/Quantity/Duration (F/Q/D)

## What Pharmacy Providers and Prescribers Need to Know

Some drugs and drug classes, regardless of preferred or non-preferred status, are subject to specific clinical criteria, **frequency/quantity/duration**, dose optimization, step therapy, or the brand less than generic program. Frequency/quantity/duration (F/Q/D) criteria specify how often, how much, or how long a product may be used. NYRx F/Q/D requirements are implemented based on FDA label or recommendation from the NYS Drug Utilization Review Board (DURB) and approval by the NYS Commissioner of Health to ensure clinically appropriate and cost-effective use of these drugs and drug classes. Medications that have F/Q/D requirements are listed on the NYRx <u>Preferred Drug List</u>, with a superscript, F/Q/D.

When prescribed according to F/Q/D parameters a prior authorization may not be required. Prescribers should review the <u>Preferred Drug List</u> to review drugs subject to F/Q/D.

## Resources

- Preferred Drug List
- NYRx Education & Outreach Website

## **Contact Information**

The NYRx Education and Outreach Call Center is available at 833-967-7310 from 8:00 AM to 5:00 PM ET, Monday through Friday, excluding holidays.

For NYRx program-related questions and non-member-specific questions, email the NYRx Education and Outreach team at <a href="https://nxecolors.org/nyrxeo/">NYRxEO@magellanhealth.com</a>.

The Education and Outreach team hosts virtual office hours every week for stakeholders to ask questions related to NYRx and care coordination. Visit the NYRx Education & Outreach Website for office hour drop-in Zoom links. Office hours are also available by appointment. For more information, email the NYRx

Days	Audience
Monday and Wednesday 12:00 PM – 1:00 PM ET	Managed Care Plans
Tuesday and Thursday 12:00 PM – 1:00 PM ET	Pharmacy Providers and Prescribers Office of Mental Health Office of Addiction Services and Supports (OASAS) Office of Medicaid Inspector General (OMIG) New York Blood Center Foster Care AIDS Institute and Stakeholders

Education and Outreach team at NYRxEO@magellanhealth.com.